

## How to get involved

**PRAY**—Prayer is the foundation of all that happens in the Cursillo movement and this is especially so before a weekend.

**SPONSOR**—It is important for anyone attending a 3-Day weekend to have a sponsor. A sponsor is usually someone who has already attended a weekend and who is preferably active in their local church.

A sponsor's role is to pray before inviting someone to a weekend and continue to pray for that person leading up to a weekend, during the weekend and after the weekend

**TALK**—If you are interested in finding out more about Cursillo talk about it with people who have been to a 3 Day Weekend. Your parish priest should be able to point you in the right direction.

**INVITATION**—If you are invited to attend a weekend pray about it before making a decision.

The Cursillo Movement may well prove to be something in which you would like to be involved in, as you grow in the love of God.



## **Cursillo - A brief summary**

Cursillo provides

- \* a 3 Day live-in short course in Christian living for those who are 18+.
- \* on-going support and encouragement for personal growth in faith.
- \* a challenge to live an active Christian life, wherever you may find yourself.

### **Interested?**

Become part of this amazing movement!

- \* want more information?
- \* want to attend a Cursillo Gathering?
- \* want to attend a 3 Day Cursillo?

### **Then speak to your local contact:**

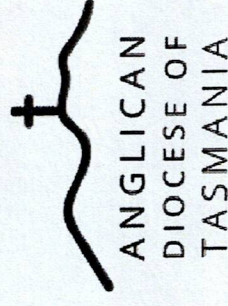
Visit the Tasmanian Cursillo website

[www.tascursillo.asn.au](http://www.tascursillo.asn.au)

Email: [cursillotas@gmail.com](mailto:cursillotas@gmail.com)



# *Growing in the Love of God*



Diocese of Tasmania  
Anglican Cursillo® Movement

**Cursillo Motto**

**Make a friend  
Be a friend**

**Bring your friend gently to Jesus**

## What is Cursillo

Cursillo is a world wide movement within the church which started in Spain in the 1940's and reached Australia in 1979. Bishop Newell invited Gippsland Diocese to introduce Cursillo to Tasmania in 1995. Since then the Cursillo Movement has had the blessing and encouragement of our Bishops.

'Cursillo' is a Spanish word that simply means a short course.

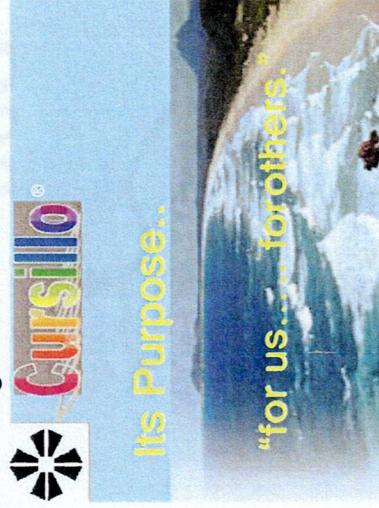
## What is the Purpose of Cursillo

Its purpose is to help people live as Christians. It recognises that we need to be supported and encouraged by other Christians - to work together as Christian communities, strengthening each other, so that we can live lives that witness to Christ.

It aims to help Christians discover and live out their own personal calling from God, so that they can reach out to others. The nearer we come to reaching our potential, the more effective we are in our churches and communities. It has been expressed very simply as

*"for us... for others"*

as the blessings we receive flow to bless others.



## A Cursillo 3-Day Weekend

The 'short course' is a 3-Day weekend.

Weekends bring together up to 25 Christians - lay and clergy. They may come from all over the diocese but there are rarely any parish boundaries or issues of churchmanship on the weekends as the focus is on God and the sense of community that develops within the group.

The weekend is run by a team, mostly lay people but with clergy also playing an important role. On the first evening, after a meal and some time getting to know one another, there is a time of quietness - a silent time for reflection - to leave the stresses of the world behind and to prepare for the journeying that will be shared during the next three days.

Each day several talks are given by team members. These talks deal with aspects of being a Christian - about God's call to each of us to live in his grace and what this involves in practical terms.

There is an opportunity to respond to each talk within a small group - time to work together on some activities. There are also times to sing, to attend worship services, to pray, as well as times to chat or be quiet. There are lots of opportunities for making new friends and having fellowship.

Everyone's experience of a Cursillo weekend is unique. We are all individuals and we respond from where we are and within the events of a particular weekend. This is why it can be difficult to tell people how they will find the weekend.

At the close of a Cursillo 3 Day Weekend many have a higher vision of what Christian living can be and have a desire to act on that vision. They may have a clearer idea of the gifts God has given them and be inspired to share what they have been given.

## The Fourth Day

After the weekend most people return home to live out the vision they have caught. However, it can be easy to lose sight of this vision unless support is provided. As a consequence, Cursillo has a method to help people be effective Christians for the rest of their lives.

**GROUP REUNIONS** — involve meeting regularly with a small group of friends for support and encouragement. They can provide the focus for Christian living by helping each other stay on track. They can provide prayer backing and strength during the tough times.

**ULTREYAS** — are larger gatherings which may be regional or diocesan based. 'Ultreya' is a Spanish word which simply means 'keep going'. Being involved in this way is entirely voluntary but it can help to live out the vision.

Cursillo is about taking our relationship with God seriously. People may become more involved in parish life or take part in diocesan activities or they may simply do the same things they did before with more enthusiasm. Some may wish to learn more about their faith through study or by attending workshops. What they have learned may spill over into community activities, seeking to be a Christian influence there. It is not necessarily about 'doing more Christian things' but is about moving forward with God, in the direction he wants each to take.

